



# Peak View Gluten Free Menu

### Please see Daily specials menu for additional gluten free options

#### **Main Meals and Snacks**

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	Soup of the day served with bread roll and butter	£4.25
	Soup of the day with a sandwich	£7.50
	Hot bacon sandwich and chips	£6.40
	Hot sausage sandwich and chips (vegetarian available)	£6.60
	Home cooked ham, free range egg and chips	£9.30
	Sausage, free range egg and chips (vegetarian available)	£9.20
	Three bean Chilli 'non' carne, with rice/chips/new potatoes and salad or vegetables	£9.25
	Sweet potato, chickpea & spinach curry, with rice/chips/new potatoes and salad or vegetables	£9.25
	(add chicken for £1.50)	
	All Day Breakfast (Tea or a cup of filter coffee included)Small £8.75 Large	£10.25
	(sausage, bacon, free range eggs, mushrooms, hash brown, grilled tomatoes, baked beans & toast)	
	Vegetarian All Day Breakfast (Tea or a cup of filter coffee included)Small £8.75 Large	£10.25
	(vegan Lincolnshire style sausage, egg, mushrooms, hash brown, grilled tomatoes, baked beans & toast)	
	Baked beans on toast(v)	£4.35
	Free range egg on toast(v) (fried, poached or scrambled)	£4.25
	Toast (2 slices) with butter, Jam or marmalade	£2.10

**Sandwiches (£4.75), Toasties (£5.35)** all served with a salad garnish, crisps on wholemeal or white bread.

- Poached salmon (an extra 75p)
- Bacon, tomato, melted cheese
- Smoked salmon & cream cheese (an extra 75p)
- Stilton and bacon
- ❖ Home cooked ham
- Chicken breast
- Cheese and tomato (v)
- Tuna (mayonnaise)

**Freshly prepared Jacket Potatoes (£6.35)** with a choice of 2 fillings, additional fillings at 60p each, served with a salad garnish

❖ Stilton (v)

Bacon

❖ Cheese (v)

- Baked beans (v)
- Tuna (mayonnaise)
- ❖ Home cooked ham

Panini's (£7.80) all served with a salad garnish and a choice of chips or crisps

- ❖ Bacon and cheddar cheese
- Tuna and cheddar cheese
- Cheddar cheese and onion (v)
- ❖ Brie and cranberry (v)
- ❖ Mozzarella, sun blushed tomato and pesto (*v*)
- Chicken and Cheese

<u>PLEASE NOTE</u>: All our food is freshly prepared to order, this may result in a delay during busy periods, we will endeavour to keep this to a minimum but please be patient



#### ALLERGY ADVICE

All of our food is prepared in a kitchen where nuts and wheat containing gluten and other allergens are prepared. Our menu does not include all ingredients. If you are concerned about the presence of allergens in our food, please ask for assistance before ordering.





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**Salads** (Served with a warm bread roll)

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*	Poached salmon	• • • • • • • • • • • • • • • • • • • •		£8.80		
*	Home roast ham			£8.50		
*	Chicken and bacon			£8.60		
*	Tuna (mayonnaise optional).			£8.20		
*	Cheese platter (pickle, cranb	erry or apple &	cider chutney)	£8.30		
Side Ord	ers					
*	Chips	£2.25	Bread roll or bread and butter	65p		
*	Garlic bread (v)	£2.95	Garlic bread with cheese (v)	£3.50		
*	Hash Browns	60p each				
Sweets	Desserts					
A super selection of handmade cakes and puddings – available to eat in or take out. All served as they are or with either fresh cream, ice-cream or custard. All our ice-cream is gluten free.						
	Praline Chocolate Brown	wnie 💠	Lemon drizzle cake			
	Blackcurrant Crumble	slice *	Raspberry Bakewell Cake			
See daily specials dessert menu for other Gluten Free Options						
*		•	or Chocolate with a choice of ch sauce	£2.50		
*	See Specials menu for altern	native ice cream	selections	£2.85		
Peak View Cream Tea						
2 handmade sultana scones, fresh Cornish clotted cream and jam						
*	<ul> <li>Pot of tea or large cup of fi</li> </ul>	ilter coffee				
Pea	k View Speciality Cream	Tea		£8.20		

- Choose any cold sandwich off the menu (salmon sandwiches additional 75p)
- ❖ 2 handmade sultana scones, fresh Cornish clotted cream and jam
- Pot of tea or large cup of filter coffee

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